









How to choose holds? Here are a few tipy!

The choice of climbing holds is an important step for the life of your climbing wall.

Outdoor or indoor use

For outdoor use, we recommend PolyEster holds.

Quantity

- For bouldering: use between 5 and 15 holds for a boulder 4.5 meters high.
- For lead: use 3 to 4 holds per meter for a hard route, and 6 to 7 holds for an easy route. Also, in order not to saturate your wall, we recommend to keep up a maximum 3 routes per climbing line.

Difficulty of the route

To help you in selecting holds, we offer a rating scale for each set. This is indicative of the complexity of the hold.



The size of the holds

It depends on their average diameter:

0 to 5 cm

16 to 22 cm

5 to 8 cm

22 to 30 cm

Mix



8 to 11 cm



11 to 16 cm

Climbing Holds CHART



Feet

Generally small holds that can also be used as crimps.



Gaston

A sideways hold larger than a sidepull where the whole set of fingers are in contact.



Crimp

An incut edge that requires all the power in your fingers.



Jug

A incut hold big enough to grab hold of naturally. Come in a range of sizes from XXL for 2 hands down to fingers only.



Sloper

A large hold with no edge using all or part of the palm to grip.



Undercut

Where the gripped edge faces downwards.



Pinch

Held using a squeezing grip.



Sidepull

Is what it says and can be any number of hold types set for this method.



Pocket

An incut edge that requires all the power in your fingers.



Edges/Ledges

A larger version of a crimp where the thumb can be used to stabilise the move.



Mono

A single finger pocket.



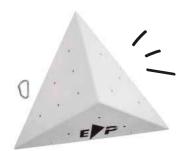
Rails

A longer thinner hold.



Масго

Generally a very large hold made from glass fibre.



Volume

Made from ply in a multitude of designs.



FITTING METHODS

Screw on

2 options here, screw only or dual fix where enough screw holes have been added along with a bolt hole which can be plugged, Volumes are only ever screw on.

Bolt on

1 bolt hole with antirotation screw holes included to stop spinning.

Finishes



Single tex

Where the whole hold has texture on it.



Dual tex

Only part of the hold is textured.



Fixings

Here are most of the fixing tools we supply you and their recomended use.

To help you choose the right screws, you can refer to the «recommended screws » section that is specified in each product description. Please note that this information is not exhaustive and that the screw sizes may vary depending on the thickness of your wall

	REF.	NAME	RECOMMENDED USE
BOLTS & SCREWS	EQ877	CHC bolts M10*35	Full thread - For indoor bolt-on holds
	EQ878	CHC bolts M10*50	Full thread - For indoor bolt-on holds
	EQ879	CHC bolts M10*70	Full thread - For indoor bolt-on holds
	EQ880	CHC bolts M10*100	Full thread - For indoor bolt-on holds
	EQ881	CHC bolts M10*120	Standard - For indoor bolt-on holds
	EQ888	CHC bolts M10*140	Standard - For indoor bolt-on holds
	EQ882	CHC bolts M10*160	Standard - For indoor bolt-on holds
	EQ883	CHC bolts M10*180	Standard - For indoor bolt-on holds
	EQ002	FHC bolts M10*35	For indoor bolt-on holds
	EQ001	FHC bolts M10*50	For indoor bolt-on holds
	EQ003	FHC bolts M10*70	For indoor bolt-on holds
	EQ683	FHC bolts M10*100	For indoor bolt-on holds
	EQ684	FHC bolts M10*120	For indoor bolt-on holds
	EQ890	FHC bolts M10*140	For indoor bolt-on holds
	EQ891	FHC bolts M10*160	For indoor bolt-on holds
	EQ892	FHC bolts M10*180	For indoor bolt-on holds
	EQ006	FHC bolts M10*35 STAINLESS STEEL	For outdoor bolt-on holds
	EQ005	FHC bolts M10*50 STAINLESS STEEL	For outdoor bolt-on holds
	EQ007	FHC bolts M10*70 STAINLESS STEEL	For outdoor bolt-on holds
	EQ012	Wood screws 5*40	Use only on wood walls for anti-rotation and screw-on holds
	EQ024	Wood screws 5*70	Use only on wood walls for screw-on volumes
	EQ825	FHC tamper-proof bolts M10*35 STAINLESS STEEL	For playgrounds or unguarded walls Outdoor use
	EQ820	FHC tamper-proof bolts M10*50 STAINLESS STEEL	For playgrounds or unguarded walls Outdoor use
	EQ894	Torx woodscrews 5*40	Use only on wood walls for anti-rotation and screw-on holds
	EQ895	Torx woodscrews 5*70	Use only on wood walls for anti-rotation and screw-on holds
INSERTS	EQ100	Anchoring pins EAM 10*40	Use only on concrete walls Indoor use - For FHC bolts
	EQ101	Anchoring pins EAM 10*40 STAINLESS STEEL	Use only on concrete walls - Outdoor use - For FHC Stainless steel bolts
	EQ200	T-nut inserts M10	Use only on wood walls Indoor use For FHC bolts
	EQ201 + EQ023	L-shaped bolt-in inserts M10 + wood screws 4*16	Use only on wood walls Indoor use - For FHC bolts
	EQ896	Torx woodscrews 4*16	Use only on wood walls for anti-rotation and screw-on holds
TOOLING	EQ098	Allen key M6	To be used for FHC installation
	EQ889	Allen key M8	To be used for CHC installation
	EQ097	Allen key M6 FACOM in T shape	To be used for FHC installation
	EQ102	Expansion anchor H10	To be used for anchoring pins installation
	EQ821	Allen key for tamper-proof screws	To be used for FHC tamper-proof bolts installation



Our installation recommendations

To ensure safety, the climbing holds require special attention during assembly:

- We recommend the use of a torque wrench set to a maximum of 35 N.M.
- The surface must be flat, unbroken and clean.
- It is essential to use the holes provided for the anti-rotation screws.



Most of our holds are equipped with a dual fixing system that allows the use of different bolts:

- CNC M10 bolts (cylindrical-type)
- FHC M10 bolts (counter-sunk-type)

| Technical | information

The holds colours

We offer a vast selection of colours.

- PE **POLYESTER**
- **POLYURETHANE**







(PANTONE 805C)

(PANTONE 802C)

(PANTONE 806C)









Black (RAL 9005)

Grey (RAL 7001)





The materials

We use two materials for our climbing holds:

- POLYURETHANE: This material is both light and resistant to impact forces. We offer a different choice of colours: bright fluorescent (« fluro ») ones.
- **POLYESTER**: This is the traditional resin used for climbing holds. The touch is dry and the holds are resistant to abrasion.

Quality and certifications



The EPS system is a patented technology developed by EP CLIMBING. If a bolt-on hold should develop a crack or break across the fixing hole, the hold will remain in place connected together by the metal EPS component and the pieces will not fall. This system is implemented on all large volume PE holds.

• EN 12572-3 : HOLDS CERTIFICATION All EP holds comply with the European standard for climbing holds. Rigorous tests are randomly carried out on the sets of holds.

• EN 1176-1: PLAYGROUND CERTIFICATION EP Climbing offers a large range of holds that are certified to comply with the European standard for playgrounds. They can be used by children older than 2 years old.

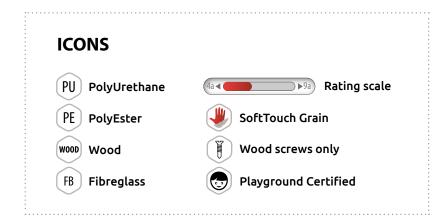
Maintenance

Climbing holds must be cleaned regularly. Simply wash with warm water and a stiff brush. Do not use any solvent detergent that could weaken the hold. A damaged climbing hold cannot be repaired.



Menu

FIBREGLASS MACROS	
WOODEN VOLUMES	2 K2
SHAUNA COXSEY	2
ATAMI p.49 Waves inspiration	
SIMON p.55 Modern climbing style	
ESSENTIALS p.65 The essentials for setting up a wall	
STONE PULSE	
PACKS p.89 Ready to use routes and bouldering problems	
KIDS	S.
TRAINING p.101 To reach new heights	Organ
GREENHOLDS p.107 Proud distributor of Greenholds	(2)







Barchan Smooth Pack

- 3 macro
- 36*24*7 cm
- Recommended screws: 9 woodscrews 5*70

Ref. EMS116









Colour options: please refer to page 9



Barchan Jugs Pack

- 3 macro
- 36*24*7 cm
- Recommended screws: 9 woodscrews 5*70

Ref. EMS117









Colour options: please refer to page 9



Barchan Slopers Packs

- 2 macro
- 37*25*8 cm
- Recommended screws: 6 woodscrews 5*70

Ref. EMS118















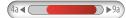
Barchan 4

- 1 macro 70*42*10 cm
- Recommended screws: 6 woodscrews 5*70

Ref. EMS122







Colour options: please refer to page 9



Barchan 5

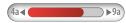
- 1 macro
- 70*36*10 cm
- Recommended screws: 7 woodscrews 5*70

Ref. EMS123









Colour options: please refer to page 9



Barchan 6

- 1 macro 70*42*12 cm
- Recommended screws: 6 woodscrews 5*70

Ref. EMS124















Barchan Smooth XL2

- 1 macro 80*50*17 cm
- Recommended screws: 7 woodscrews 5*70

Ref. EMS128







Colour options: please refer to page 9



Barchan Jugs XL1

- 1 macro
- 80*50*16 cm
- Recommended screws: 8 woodscrews 5*70

Ref. EMS129









Colour options: please refer to page 9



Barchan Jugs XL2

- 1 macro
- 82*54*16 cm
- Recommended screws: 8 woodscrews 5*70

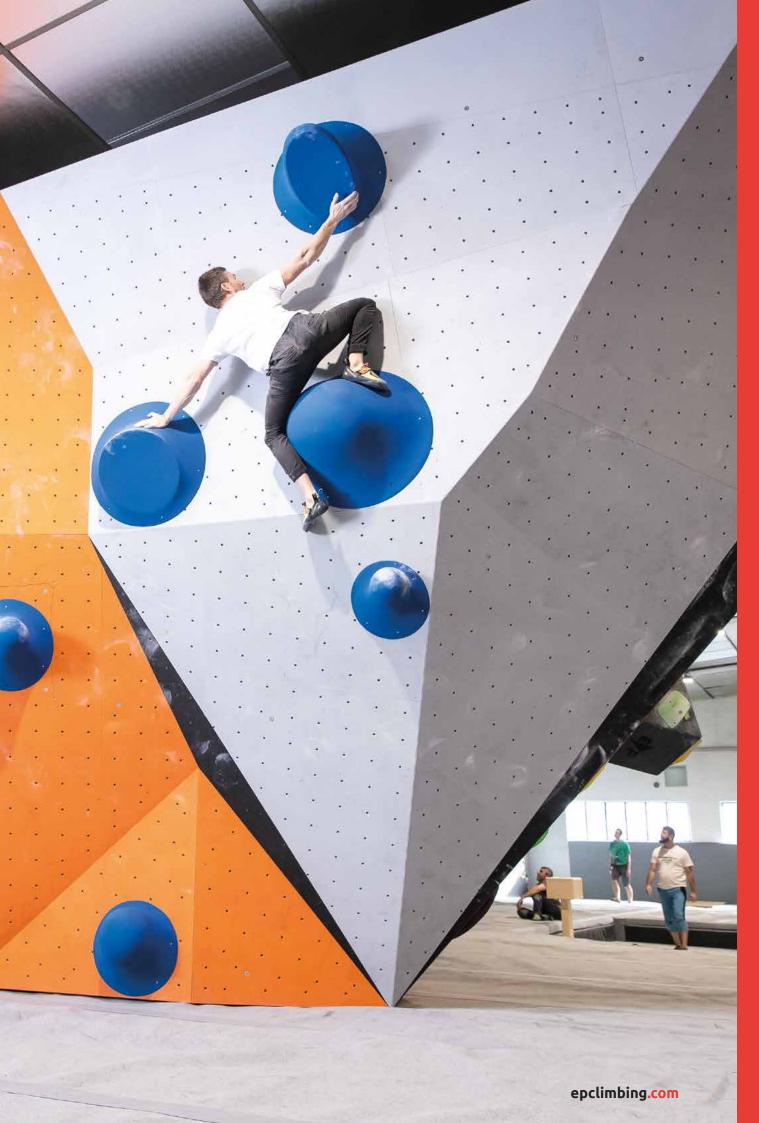
Ref. EMS130















Eggcup S1

- 1 macro 39*39*8 cm
- Recommended screws: 6 woodscrews 5*70

Ref. EMS096





Colour options: please refer to page 9



Eggcup S2

- 1 macro •39*39*10 cm
- Recommended screws: 6 woodscrews 5*70

Ref. EMS097





Colour options: please refer to page 9



Eggcup S3

- 1 macro 38*38*16 cm
- Recommended screws: 6 woodscrews 5*70

Ref. EMS098









Eggcup S4

- 1 macro
- 31*31*11 cm
- Recommended screws: 6 woodscrews 5*70

Ref. EMS114







Colour options: please refer to page 9



Eggcup S5

- 1 macro
- 36*36*11 cm
- Recommended screws: 6 woodscrews 5*70

Ref. EMS115







Colour options: please refer to page 9



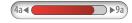
Eggcup M

- 1 macro
- 54*54*16 cm Recommended screws: 6 woodscrews 5*70

Ref. EMS099







Colour options: please refer to page 9



Eggcup M2

- 1 macro
- 51*51*22 cm
- Recommended screws: 6 woodscrews 5*70

Ref. EMS100









Dish S

- 1 macro
- 38*38*11
- Recommended screws: 6 woodscrews 5*70

Ref. EMS101







Colour options: please refer to page 9



Dish S2

- 1 macro
- •46*46*11 cm
- Recommended screws: 6 woodscrews 5*70

Ref. EMS102







Colour options: please refer to page 9



- 1 macro
- 51*51*7 cm
- Recommended screws: 6 woodscrews 5*70

Ref. EMS103







Colour options: please refer to page 9



EPP

Dish M

- 1 macro
- 62*62*13cm
- Recommended screws: 6 woodscrews 5*70

Ref. EMS104









Dish L1

- 1 macro
- 62*62*18 cm
- Recommended screws: 6 woodscrews 5*70

Ref. EMS105





Colour options: please refer to page 9



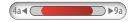
Bucket M1

- 1 macro
- •65*65*18 cm Recommended screws: 6 woodscrews 5*70

Ref. EMS106







Colour options: please refer to page 9



Bucket M2

- 1 macro
- 65*65*19 cm
- Recommended screws: 6 woodscrews 5*70

Ref. EMS107









Bucket L

- 1 macro 77*77*26cm
- Recommended screws: 6 woodscrews 5*70

Ref. EMS108







Colour options: please refer to page 9



Bucket XL

- 1 macro
- 80*80*30cm
- Recommended screws: 6 woodscrews 5*70

Ref. EMS109







Colour options: please refer to page 9



Bucket XXL

- 1 macro 100*100*30cm Recommended screws: 6 woodscrews 5*70

Ref. EMS110









Taijitu S

- 1 volume
- 34*33*16cm
- Recommended screws: 4 wood screws 5*70

Ref. EMS111





Colour options: please refer to page 9



Taijitu M

- 1 volume 55*51*26cm
- Recommended screws: 7 wood screws 5*70

Ref. EMS112







Colour options: please refer to page 9



Taijitu L

- 1 volume
- 83*80*40cm
- Recommended screws: 11 wood screws 5*70

Ref. EMS113









Ufo 1

- 1 macro 72*72*26cm Recommended screws: 6 woodscrews 5*40

Ref. EMS090





Colour options: please refer to page 9



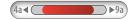
Orb 1

- 1 macro 74*78*33cm Recommended screws: 6 woodscrews 5*40

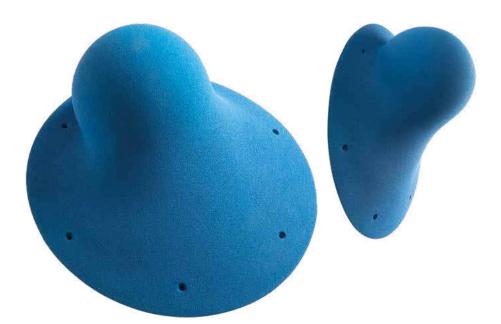
Ref. EMS091







Colour options: please refer to page 9



Orb 2

- 1 macro
- 40*41*20cm Recommended screws: 6 woodscrews 5*40

Ref. EMS092









Orb 3

- 1 macro
- 53*53*29
- Recommended screws: 6 woodscrews 5*40

Ref. EMS093







Colour options: please refer to page 9



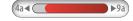
Orb 4

- 1 macro 51*51*28cm Recommended screws: 6 woodscrews 5*40

Ref. EMS094







Colour options: please refer to page 9



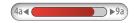
Ufo 2

- 1 macro
- 60*61*46cm Recommended screws: 10 woodscrews 5*40

Ref. EMS095





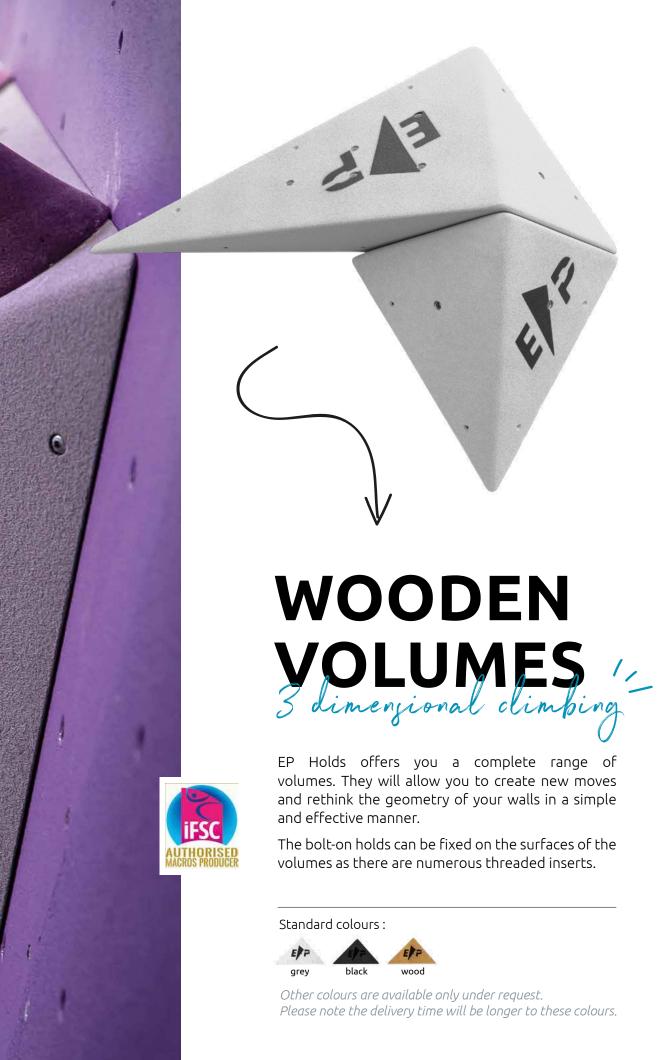














Gizeh

- 3 volumes 3*20*18*10cm
- Recommended screws: 8 wood screws 5*70

Ref. EMS088







Colour options: please refer to page 27



Isis

- 1 volume 40*40*15cm
- Recommended screws: 4 wood screws 5*70

Ref. EMS087









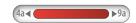
Amon

- 1 volume
- 40*40*20cm
- Recommended screws: 8 wood screws 5*70

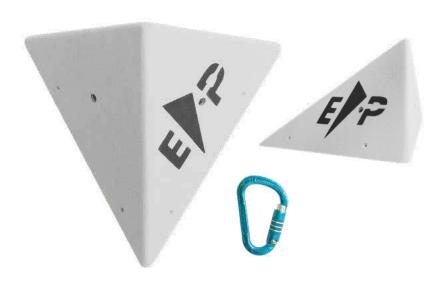
Ref. EMS079







Colour options: please refer to page 27



Osiris

- 1 volume 40*35*20cm Recommended screws: 6 wood screws 5*70

Ref. EMS069







Colour options: please refer to page 27





Horus

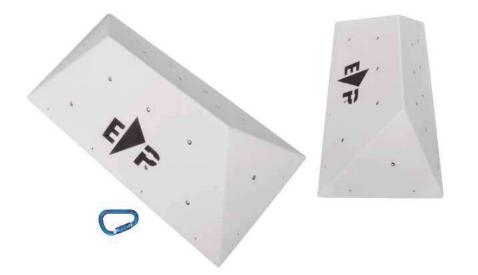
- 1 volume 40*35*20cm Recommended screws: 6 wood screws 5*70

Ref. EMS068









Sobek

- 1 volume 40*80*35cm
- Recommended screws: 12 wood screws 5*70

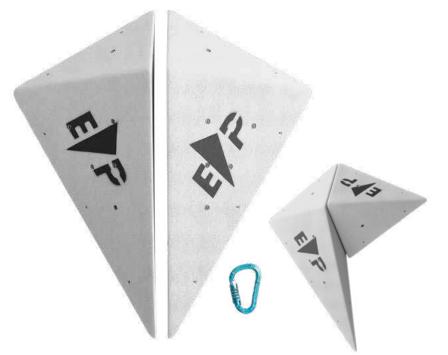
Ref. EMS080







Colour options: please refer to page 27



Ramses

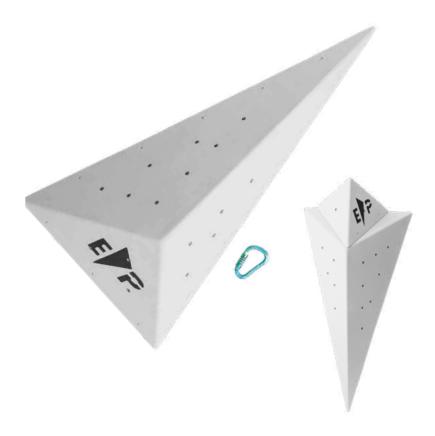
- 2 volumes 80*70*20cm
- Recommended screws: 18 wood screws 5*70

Ref. EMS067









Cleopatra

- 1 volume 116*40*32cm
- Recommended screws: 13 wood screws 5*70

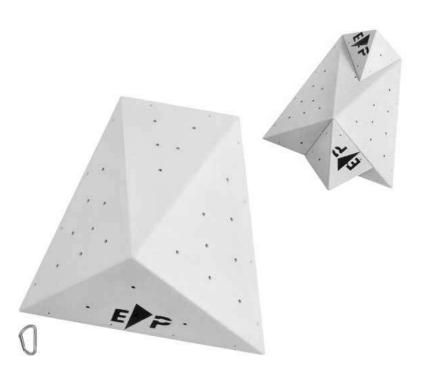
Ref. EMS066







Colour options: please refer to page 27



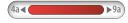
Sphinx

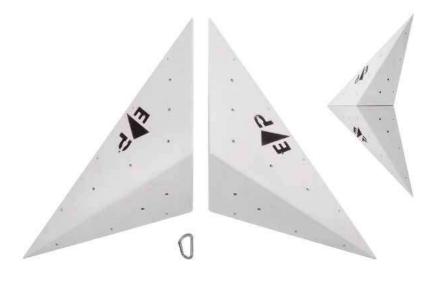
- 1 volume 80*77*33cm Recommended screws: 14 wood screws 5*70

Ref. EMS065









Imothep

- 2 volumes 133*100*20cm
- Recommended screws: 20 wood screws 5*70

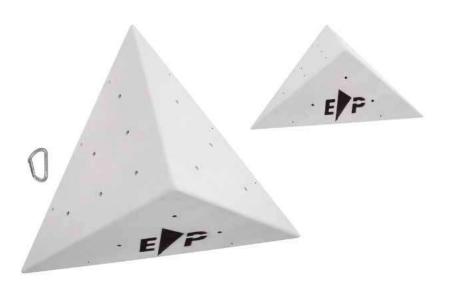
Ref. EMS070







Colour options: please refer to page 27



Keops

- 1 volume
- 80*70*32cm
- Recommended screws: 9 wood screws 5*70

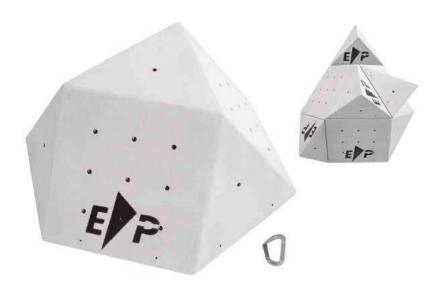
Ref. EMS064







Colour options: please refer to page 27



Anubis

- 1 volume 80*70*33cm Recommended screws: 12 wood screws 5*70

Ref. EMS063

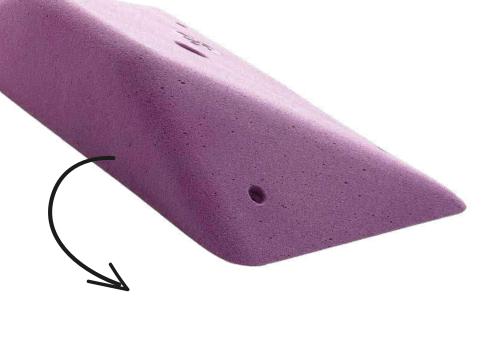












SHAUNA

COXSEY
Fundamental climbing
movements

I am so excited to share the latest set of holds from my range with Entre-Prises. The vision for the latest set is that a routesetter could create an entire circuit with these holds alongside the previous range which is why I was really busy in creating lots of new shapes to add onto the collection!

Continuing the principles from the previous set, these holds are designed to interconnect with each other so setters can create stoppers or improve holds by pairing them together increasing the amount of possibilities for the setter.

It was so good seeing what setters produced with the last range and I am looking forward to what they come up with using this set in 2021!

Colour options: please refer to page 5





Shauna's Jugs L

- 3 holds
- L
- Recommended screws: 11 wood screws 5*40

Ref. EH622





Shaped by Shauna Coxsey



Shauna's Jugs XL

- 3 holds
- XL
- Recommended screws:
 3 bolt 10*70
 or 20 wood screws 5*40

Ref. EH623





Shaped by Shauna Coxsey



Shauna's Jugs XXL

- 2 holds
- XXL
- Recommended screws: 1 bolt 10*50 + 1 bolt 10*70 or 8 wood screws 5*40

Ref. EH606





Shaped by Shauna Coxsey



Shauna's Edges S

- 3 holdsSRecommended screws:9 wood screws 5*40

Ref. EH627







Shaped by Shauna Coxsey



Shauna's Edges M

- 3 holds M
- Recommended screws: 9 wood screws 5*40

Ref. EH599







Shaped by Shauna Coxsey



Shauna's Edges M 2

- 3 holds
- Recommended screws: 9 wood screws 5*40

Ref. EH613







Shaped by Shauna Coxsey



Shauna's Edges L

- 2 holds
- |
- Recommended screws: 6 wood screws 5*40

Ref. EH604







Shaped by Shauna Coxsey



Shauna's Edges L 2

- 4 holds
- L
- Recommended screws: 13 wood screws 5*40

Ref. EH612







Shaped by Shauna Coxsey



Shauna's Edges L 3

- •3 holds
- |
- Recommended screws: 9 wood screws 5*40











Shauna's Pinches S

- 5 holds S
- Recommended screws: 10 wood scews 5*40

Ref. EH618





Shaped by Shauna Coxsey



Shauna's Pinches L

- 2 holds L
- Recommended screws: 2 bolts 10*70 or 7 wood screws 5*40

Ref. EH619





Shaped by Shauna Coxsey



Shauna's Pinches XL

- 2 holds
- XL
- Recommended screws: 2 bolts 10*70 or 5 wood screws 5*40

Ref. EH600





Shaped by Shauna Coxsey



Shauna's Pinches XL 2

- 3 holds XL
- Recommended screws: 3 bolts 10*100 or 12 wood screws 5*40

Ref. EH620





Shaped by Shauna Coxsey



Shauna's Pinches XXL

- 2 holds XXL
- Recommended screws: 2 bolts 10*120 or 6 wood screws 5*40

Ref. EH629





Shaped by Shauna Coxsey



Shauna's Flat XL

- 7 holds XL
- Recommended screws: 22 wood screws 5*40

Ref. EH615





Shaped by Shauna Coxsey





Shauna's Rails M

- 12 holds
- M
- Recommended screws: 34 wood screws 5*40

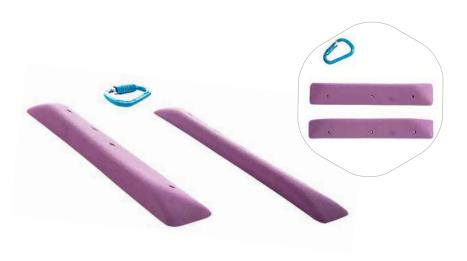
Ref. EH634







Shaped by Shauna Coxsey



Shauna's Rails L

- 2 holds
- L
- Recommended screws: 6 wood screws 5*40

Ref. EH601







Shaped by Shauna Coxsey



Shauna's Rails L2

- 2 holds
- Z 11010
- Recommended screws:
 2 bolts 10*70
 or 8 wood screws 5*40

Ref. EH626







Shaped by Shauna Coxsey



Shauna's Rails XL

- 2 holds
- XL
- Recommended screws: 10 wood screws 5*40











Shauna's Rails XL 2

- 2 holds
- XL
- Recommended screws: 10 wood screws 5*40

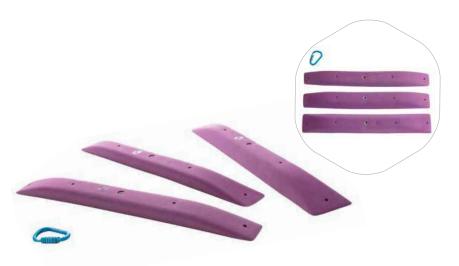
Ref. EH633







Shaped by Shauna Coxsey



Shauna's Rails XXL

- 3 holds
- XXL
- Recommended screws:
 1 bolt 10*70 + 2 bolts 10*100
 or 12 wood screws 5*40

Ref. EH603





Shaped by Shauna Coxsey



Shauna's Rails XXL 2

- 2 holds
- XXL
- Recommended screws:
 2 bolts 10*70
 or 14 wood screws 5*40

Ref. EH632





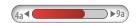
Shaped by Shauna Coxsey



Shauna's Rails XXL 3

- 3 holds
- XXL
- Recommended screws:
 3 bolts 10*100
 or 13 wood screws 5*40







Shauna's Slopers L

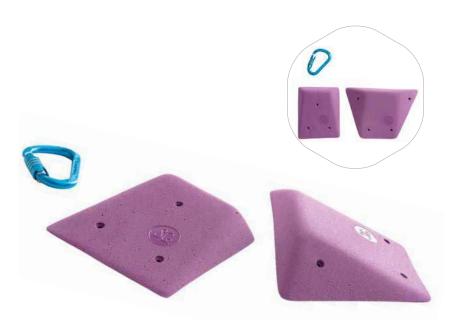
- 4 holds L
- Recommended screws: 14 wood screws 5*40

Ref. EH624





Shaped by Shauna Coxsey



Shauna's Slopers XL

- 2 holds
- XL
- Recommended screws: 7 wood screws 5*40

Ref. EH605







Shaped by Shauna Coxsey



Shauna's Slopers XL 2

- 5 holds XL
- Recommended screws: 5 bolt 10*100
 - + 18 wood screws 5*40

Ref. EH621





Shaped by Shauna Coxsey



Shauna's Slopers XL 3

- 3 holds
- XL
- Recommended screws: 1 bolt 10*100
 - + 15 wood screws 5*40

Ref. EH625





Shaped by Shauna Coxsey



Shauna's Slopers XXL

- 1 hold XXL
- Recommended screws: 1 bolt 10*140 or 7 wood screws 5*40

Ref. EH635





Shauna's Giga Sloper 1

- 1 holds
- XXL
- Recommended screws: 9 wood screws 5*40

Ref. EH630





Shauna's Giga Sloper 2

- 1 holds
- XXL
- Recommended screws: 1 bolt 10*160 or 8 wood screws 5*40





Shauna's Triangles L

- 3 holds
- Recommended screws: 11 wood screws 5*40

Ref. EH617











Shauna's Triangles XL

- 3 holdsXLRecommended screws:9 wood screws 5*40













ATAMI Naves inspiration -

Parisian duo, Bleaujob is route setting in all its facets.

From competition to climbing gyms, we were keen to offer a range that would be accessible to as many people as possible.

The shapes are more voluminous and allow 3D climbing, something to play with from beginner to expert.

Atami (wave in Japanese), shaped under «la dent de Crolles», Rhône Alpes, offers a whole range of outstanding shapes.

Colour options : please refer to page 5



Atami Feet XS

- 7 holds XS
- Recommended screws: 13 wood screws 5*40

Ref. EH637





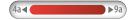


Atami Feet S

- 8 holds
- S
- Recommended screws: 17 wood screws 5*40

Ref. EH638







Atami Jugs M

- 4 holds
- M
- Recommended screws: 15 wood screws 5*40







Atami Jugs L

- 3 holds
- [
- Recommended screws: 3 bolt 10*50 or 12 wood screws 5*40

Ref. EH640







Atami Jugs XL1

- 3 holds
- XL
- Recommended screws: 3 bolt 10*100 or 12 wood screws 5*40

Ref. EH641





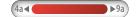




Atami Jugs XL2

- 3 holds
- XL
- Recommended screws: 3 bolt 10*120 or 12 wood screws 5*40







Atami Jugs XXL 1

- 2 holds
- XXL
- Recommended screws: 10 wood screws 5*40

Ref. EH643







Atami Jugs XXL2

- 2 holds
- XXL
- Recommended screws: 2 bolts 10*120 or 8 wood screws 5*40

Ref. EH644









Atami Giga Jug

- 1 MACRO
- Recommended screws: 6 wood screws 5*40











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Simon's Feets S

- 10 holds
- S Recommended screws: 20 wood screws 5*40

Ref. EH653







Simon's Edges S

- 5 holds
- S
- Recommended screws: 10 wood screws 5*40

Ref. EH651







Simon's Edges M

- 5 holds M
- Recommended screws: 10 wood screws 5*40

Ref. EH652







Simon's Jugs M

- 5 holds
- Recommended screws: 5 bolts 10 *70 or 15 wood screws 5*40







Simon's Triangles XL

- 3 holds XL
- Recommended screws: 1 bolt 10 *100
- + 10 wood screws 5*40

Ref. EH646





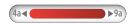


Simon's Jugs L

- 4 holds
- L
- Recommended screws: 4 bolts 10*100 or 12 wood screws 5*40

Ref. EH649







Simon's Jugs XL 1

- 3 holds XL
- Recommended screws: 3 bolts 10*100 or 9 wood screws 5*40

Ref. EH647





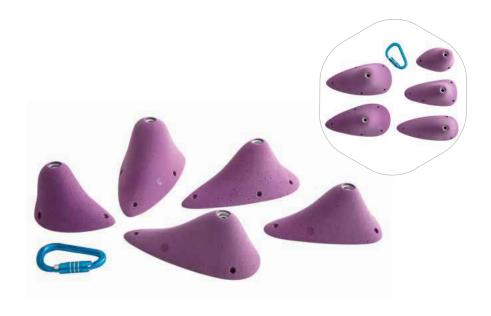


Simon's Jugs XL 2

- 3 holds
- XL
- Recommended screws: 3 bolts 10*100 or 12 wood screws 5*40





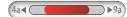


Drop Pinches L

- 5 holds
- L Recommended screws: 1 bolt 10 *100 + 3 bolts 10*120 + 1 bolt 10*140 or 19 wood screws 5*40

Ref. EH581







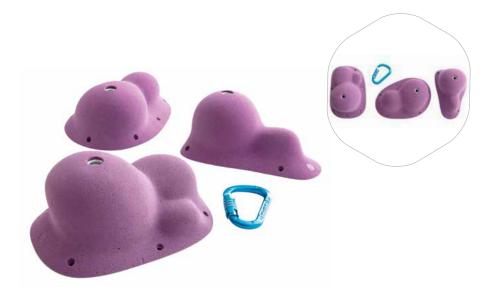
Drop Pinches XL

- 5 holds
- XL
- Recommended screws: 2 bolts 10*100 + 1 bolt 10 *120 + 1 bolt 10*140 or 25 wood screws 5*40

Ref. EH580



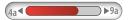




Blob Pinches XL

- 3 holds
- XL
- Recommended screws: 3 bolts 10*120 or 16 wood screws 5*40







Bowl Jug XXL 1

- 1 hold
- XXL
- Recommended screws: 1 bolt 10*120 or 5 wood screws 5*40

Ref. EH590







Bowl Jug XXL 2

- 1 hold XXL
- Recommended screws: 1 bolt 10*160 or 6 wood screws 5*40

Ref. EH591





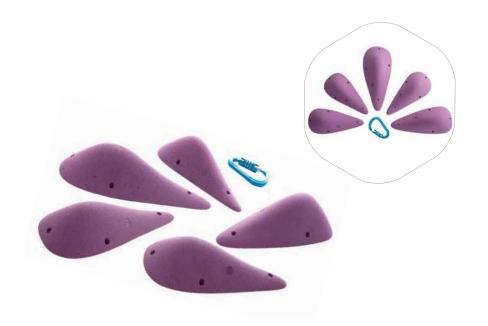


Bowl Jug XXL 3

- 1 hold XXL
- Recommended screws: 1 bolt 10*70 or 5 wood screws 5*40







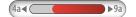
Drop Slopers L

- 5 holds
- Recommended screws: 20 wood screws 5*40

Ref. EH592









Drop Sloper XXL 1

- 1 hold XXL
- Recommended screws: 1 bolt 10*160 or 7 wood screws 5*40









Drop Sloper XXL 2

- 1 hold
- XXL Recommended screws: 9 wood screws 5*40

Ref. EH587









Drop Sloper XXL 3

- 1 hold XXL
- Recommended screws: 6 wood screws 5*40

Ref. EH586









Drop Sloper XXL 4

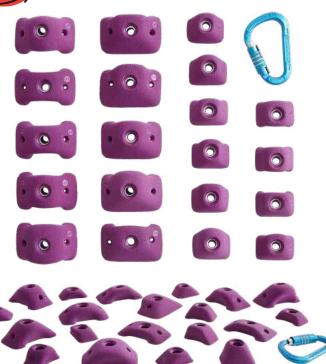
- 1 hold
- XXL Recommended screws: 6 wood screws 5*40











Gold Pack Small

- 20 holds S/M
- Recommended screws: 20 bolts 10*50 + 20 woodscrews 5*40

Ref. EH655







Gold Pack Large

- 20 holds
- L
- Recommended screws: 60 bolts 10*70 + 55 woodscrews 5*40







The Golden Ratio, used from antiquity to the present day in art, architecture and mathematics, inspired me to create this new range.

The concepts of geometry, harmony and scale give this range a strong identity.

Working on a rectangular design with pure geometric dimensions allowed me to imagine an endless variety of combinations of sizes and grips.









Vulkan

- 3 holds
- L
- Recommended screws: 12 woodscrews 5*70

Ref. EH662





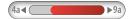


Vulkan L

- 1 hold
- L
- Recommended screws: 4 woodscrews 5*70

Ref. EH663







Vulkan XL

- 1 hold
- XL
- Recommended screws: 4 woodscrews 5*70

Ref. EH664







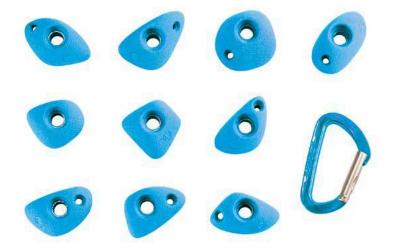
Vulkan XXL

- 1 hold
- XXL
- Recommended screws: 4 woodscrews 5*70









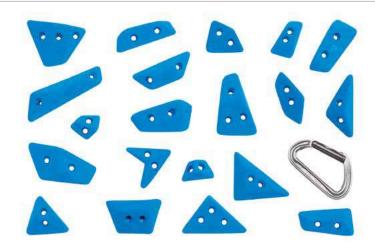
Essential Feet XS

- 10 holds
- XS
- Recommended screws: 10 bolts 10*35
 - + 10 wood screws 5*40

Ref. EH362







Triangle Feet XS

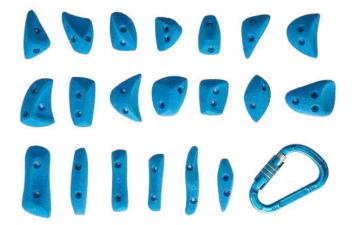
- 20 holds
- XS
- Recommended screws: 43 wood screws 5*40

Ref. EH546









Macro Feet XS

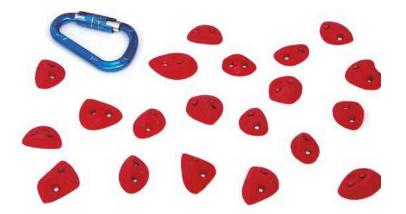
- 20 holds
- XS
- Recommended screws: 42 Wood screws 5*40

Ref. EH563









Climper Feet XS

- 20 holds
- XS
- Recommended screws: 40 wood screws 5*40









Pyramid Feet S

- 10 holds
- S
- Recommended screws: 7 bolts 10*50 + 3 bolts 10*35

Ref. EH574





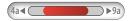


Round Feet S

- 10 holds
- S
- Recommended screws: 7 bolts 10*50 + 3 bolts 10*35

Ref. EH573







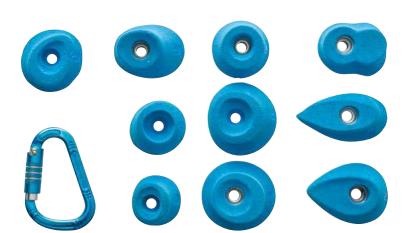
Organic Feet S

- 10 holds
- S
- Recommended screws: 2 bolts 10*35 + 8 bolts 10*50

Ref. EH571







Crater Feet S

- 10 holds
- S
- Recommended screws: 10 bolts 10*35







Wave Edges S

- 10 holds S
- Recommended screws: 25 wood screws 5*40

Ref. EH533









Cuboïd

- 10 holds
- M/L
- Recommended screws: 2 bolts 10*35 + 4 bolts 10*50 + 4 bolts 10*70 + 6 woodscrews 5* 40

Ref. EH657







Round Edges M

- 10 holds
- M
- Recommended screws: 10 bolts 10*35 + 10 wood screws 5*40 or 20 wood screws 5*40







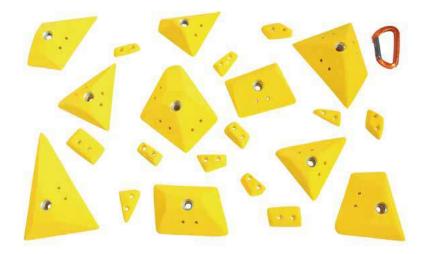
Wing Edges M

- 5 holds
- M
- Recommended screws: 3 bolts 10 *35 + 5 wood screws 5*40 or 13 wood screws 5*40

Ref. EH579







Triangle Edges L

- 22 holds
- L
- Recommended screws: 10 bolts 10*50 + 24 wood screws 5*40
- Ref. EH377







Shield Edges XL

- 3 holds
- XL
- Recommended screws: 2 bolts 10*50 + 1 bolt 10*70 or 12 wood screws 5*40

Ref. EH583





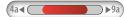


Shield Edges XXL

- 2 holds XXL
- Recommended screws: 1 bolt 10*100 + 1 bolt 10*120 or 12 wood screws 5*40

Ref. EH577





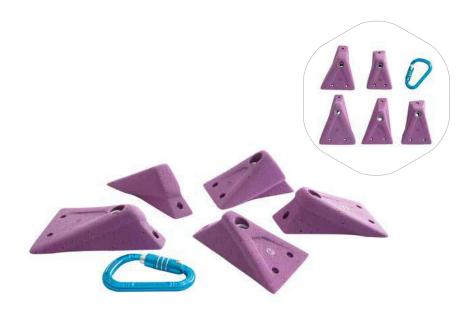


Kayak Edges XXL

- 3 holds XXL
- Recommended screws: 1 bolt 10*50 + 2 bolts 10*70 or 13 wood screws 5*40







Shield Pinches M

- 5 holds
- M
- Recommended screws: 5 bolts 10*70 or 15 wood screws 5*40

Ref. EH589







Drained Pinches M

- 10 holds
- M
- Recommended screws:10 bolts 10*50+ 10 wood screws 5*40or 20 wood screws 5*40

Ref. EH666







Bubble Pinches L

- 6 holds
- L
- Recommended screws:
- 4 bolts 10*70
- + 2 bolts 10*100
- + 6 wood screws 5*40







Asteroid Pinches XL

- 3 holds
- 3 notds
 XL
 Recommended screws:
 2 bolts 10*70
 + 1 bolt 10*100
 + 3 wood screws 5*40

Ref. EH569







Whale Pinch XXL

- 1 hold
- XXL
- Recommended screws: 1 bolt 10*140
- + 1 wood screw 5*40





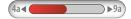


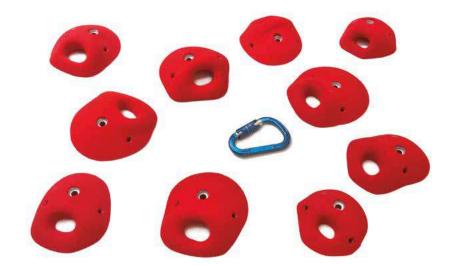
Easy Pockets L

- 10 holds
- L
- Recommended screws: 10 bolts 10*50 + 10 wood screws 5*40

Ref. EH125







Hard Pockets L

- 10 holds
- L
- Recommended screws: 10 bolts 10*50 + 10 wood screws 5*40 or 20 wood screws 5*40

Ref. EH669







Handle Jugs XL

- 10 holds
- XL
- Recommended screws: 10 bolts 10*50
- + 10 wood screws 5*40







Flakes Jugs M 2

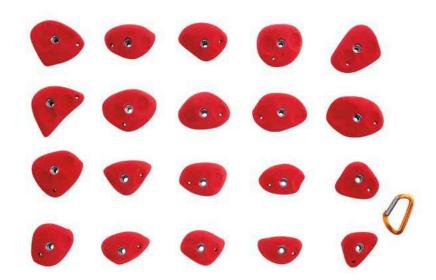
- 20 holds
- M
- Recommended screws: 20 bolts 10*50 + 20 wood screws

Ref. EH668









Flakes Jugs M 1

- 20 holds
- M
- Recommended screws: 20 bolts 10*50
 - + 20 wood screws 5*40

Ref. EH667







Double Jugs L

- 15 holds
- L
- Recommended screws: 15 bolts 10*50
- + 15 wood screws 5*40







Flakes Jugs L1

- 10 holds
- L
- Recommended screws: 10 bolts 10*70
- + 10 wood screws 5*40

Ref. EH384







Flakes Jugs L 2

- 5 holds
- L
- Recommended screws: 5 bolts 10*70 + 5 wood screws 5*40

Ref. EH385







Flakes Jugs XL

- 5 holds
- XL
- Recommended screws: 5 bolts 10*70







Eclipse Jug XXL

- 1 hold
- XXL
- Recommended screws:
 1 bolt 10*70
 or 5 wood screws 5*40

Ref. EH584







Fat Jug XXL

- 1 hold
- XXL
- Recommended screws: 1 bolt 10*50 + 1 wood screw 5*40

Ref. EH515





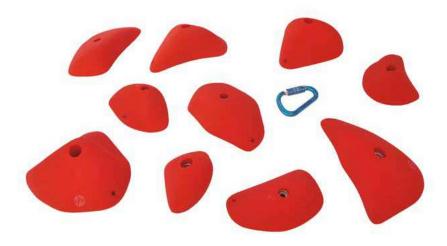


Moon Jugs XXL

- 3 holds
- XXL
- Recommended screws:
 2 bolts 10*140 + 1 bolt 10*160
 or 16 wood screws 5*40







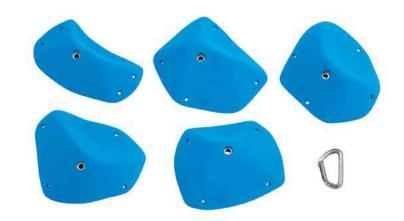
Sander's Slopers L

- 10 holds
- L
- Recommended screws: 10 bolts 10*70
- + 10 wood screws 5*40

Ref. EH508







Marc's Slopers XL

- 5 holds
- XL
- Recommended screws: 4 bolts 10*70 + 1 bolt 10*100
- + 5 wood screws 5*40 or 20 wood screws 5*40

Ref. EH536







Triangle Slopers XL

- 3 holds
- XL
- Recommended screws:
 1 bolt 10*140 + 2 bolts 10*110
 + 3 wood screws 5*40
 or 9 wood screws 5*40

Ref. EH535







Triangle Sloper XXL

- 1 hold
- XXL
- Recommended screws:1 bolt 10*140+ 1 wood screw 5*40
- + 1 wood screw 5*40 or 3 wood screws 5*40







Eclipse Slopers XXL

- 3 holds XXL
- Recommended screws: 2 bolts 10*100 + 1 bolt 10*70 + 3 wood screws 5*40 or 6 wood screws 5*40

Ref. EH547







Eclipse Sloper XXL

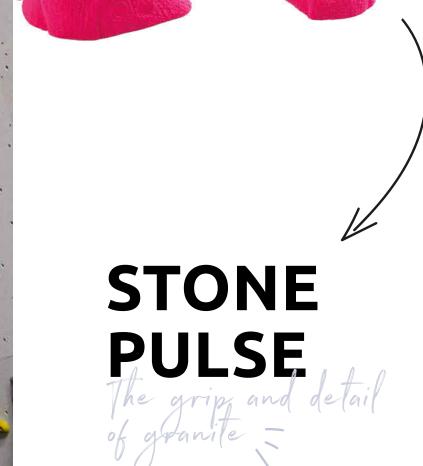
- 1 hold XXL
- Recommended screws: 1 bolt 10*100 or 4 wood screws 5*40



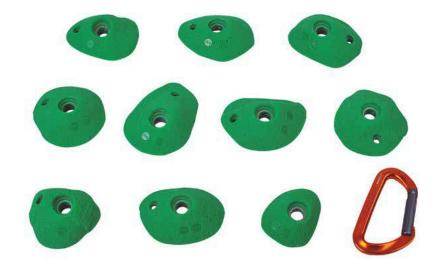








Colour options : please refer to page 5



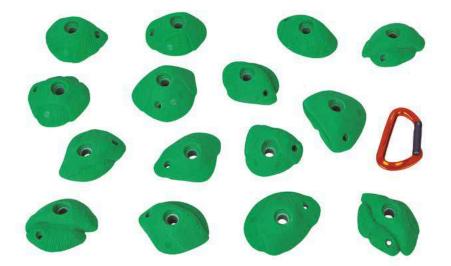
Pulse Feet XS

- 10 holds
- XS
- Recommended screws: 10 bolts 10*35
- + 10 wood screws 5*40

Ref. EH526





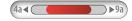


Pulse Feet S

- 15 holds
- S
- Recommended screws: 15 bolts 10*50
- + 15 wood screws 5*40

Ref. EH527





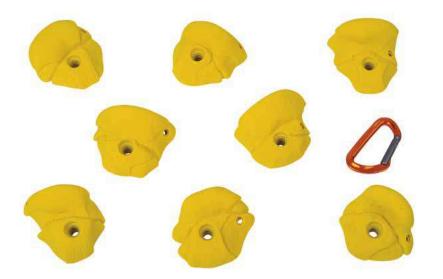


Pulse Edges M

- 7 holds
- M
- Recommended screws: 7 bolts 10*50
- + 7 wood screws 5*40







Pulse Jugs M

- 8 holds
- M
- Recommended screws: 8 bolts 10*50
- + 8 wood screws 5*40

Ref. EH529







Pulse Jugs XL

- 5 holds
- XL
- Recommended screws:5 bolts 10*70+ 5 wood screws 5*40
- Ref. EH519



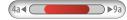




Pulse Pinches M

- 10 holds
- M
- Recommended screws: 10 bolts 10*70
 - + 10 wood screws 5*40







Pulse Pack

- 30 holds A
- Recommended screws: 30 bolts 10*50 + 30 wood screws 5*40











This range of packs offers sets of different sizes and various holds. According to the type of pack, the holds can be used for bouldering or lead walls. They allow easy route-setting at a lower cost.

Their adaptability is perfect for communities and intensive use.

Colour options : please refer to page 5

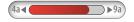


Chill Out 30

- 30 holds
- A
- Recommended screws: 30 bolts 10*70
- + 30 wood screws 5*40

Ref. EH555





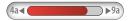


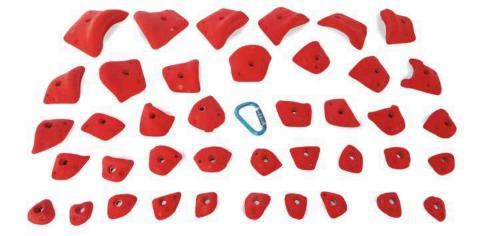
Chill Out 40

- 40 holds
- A
- Recommended screws: 40 bolts 10*70 + 40 wood screws 5*40

Ref. EH557





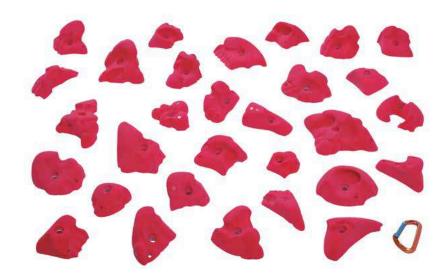


Lead Setting 40

- 40 holds
- A
- Recommended screws: 15 bolts 10*35 + 25 bolts 10*50 + 40 wood screws 5*40
- Provided with a route setting Kit







Salathe 3

- 30 holds
- Recommended screws: 30 bolts 10*70 + 30 wood screws 5*40

Ref. EH381





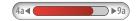


Club 3

- 50 holds
- Recommended screws: 40 bolts 10*50 + 10 bolts 10*70 + 50 wood screws 5*40

Ref. EH148









Club 50

- 50 holds
- A
- Recommended screws: 40 bolts 10*50 + 10 bolts 10*70 + 50 wood screws 5*40















Funny Faces

- 15 holds
- L
- Recommended screws: 15 bolts 10*70
 - + 15 wood screws 5*40

Ref. EH607







Kids Faces Smiley

- 5 holds
- L
- Recommended screws: 5 bolts 10*70
 - + 5 wood screws 5*40

Ref. EH610







Kids Faces Joysticks

- 3 holds XL
- Recommended screws: 5 bolts 10*70 + 5 wood screws 5*40







Alphabet

- 26 holds
- M
- Recommended screws: 26 bolts 10*50

Ref. EH066









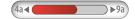
Numbers

- 10 holds M
- Recommended screws: 10 bolts 10*50

Ref. EH067









Kineduc

- 16 holds
- M
- Recommended screws: 16 bolts 10*50
- + 16 woodscrews 5* 40









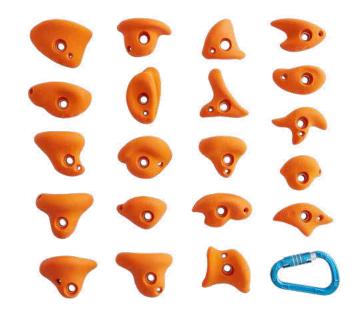
Kids

- 20 holds
- M
- Recommended screws: 20 bolts 10*50 + 20 wood screws 5*40

Ref. EH074







Kids 2

- 20 holds
- M
- Recommended screws: 20 bolts 10*50 + 20 wood screws 5*40

Ref. EH323









Climb-it

- 20 holds
- M
- Recommended screws: 20 bolts 10*50
- + 20 wood screws 5*40









Tic

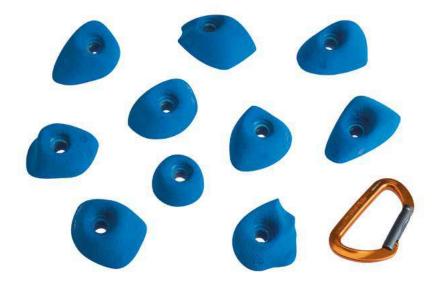
- 20 holds M
- Recommended screws: 20 bolts 10*50
- + 20 woodscrews 5*40

Ref. EH134









Tac

- 10 holds
- M
- Recommended screws: 10 bolts 10*50

Ref. EH135









Toe

- 10 holds
- M
- Recommended screws: 10 bolts 10*50 + 10 wood screws 5*40











Instinct 2

- 22 holds
- M
- Recommended screws: 22 bolts 10*50
 - + 22 wood screws 5*40

Ref. EH355









Pedagogs

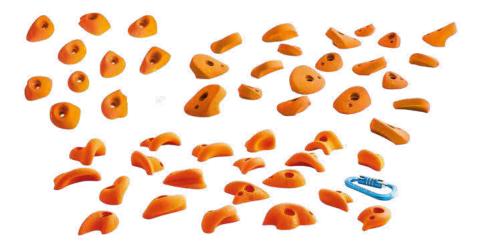
- 40 holds
- M
- Recommended screws: 40 bolts 10*50 + 30 woodscrews 5*40
- Ref. EHN001











Didactics

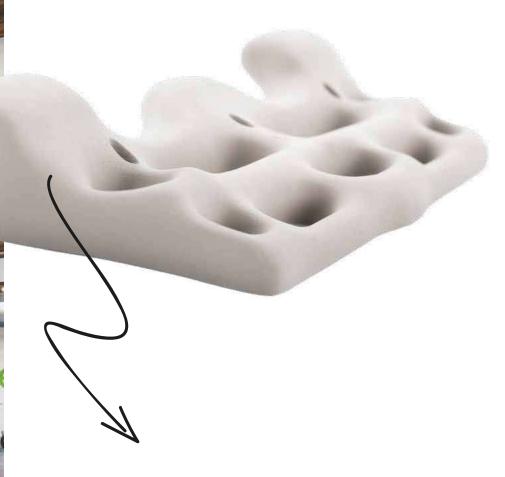
- 50 holds
- M
- Recommended screws: 50 bolts 10*50
 - + 20 wood screws 5*40











TRAINING-To reach new heights

Practice and training enables climbers to grow and develop.

For this, we offer fun, compact hangboards made with the "SoftTouch" texture, specially developed to protect your skin while training.

Campus rungs and wooden balls allow you to progress by introducing new grips and various moves. These tools allow you to work, among others, the strength of your fingers, forearms and biceps.

Colour options : please refer to page 5

Campus Sphere M

- 2 holds
- M
- Recommended screws: 2 bolts 10*100

Ref. EH545











Campus Sphere L

- 2 holds
- ۰۲
- Recommended screws: 2 bolts 10*100

Ref. EH543

















Campus Sphere XL

- 2 holds
- XL
- Recommended screws: 2 bolts 10*100







Campus Crimps

- 4 holds 38*2*5cm
- Recommended screws: 16 wood screws 5*40

Ref. EH542











Campus Edges

- 4 holds 38*3*5cm
- Recommended screws: 16 wood screws 5*50

Ref. EH541











Campus Jugs

- 4 holds 38*4*5cm Recommended screws: 16 wood screws 5*70











Hangtime 2

- 1 board55*16*6cmScrews included:3 wood screws 5*60

Ref. EA009











Kineboard

- 1 board 60*20*12cm Screws included: 4 wood screws 5*60

Ref. EA007













GREENHOLDS Proud distributor of greenholds

Beginning with both training and downclimbing holds, you can reduce your carbon footprint with Greenholds' climbing holds, 100% recyclable and made of raw materials from waste streams.

These wear-resistant, lightweight and easy-to-clean climbing holds deliver both high-end performance and a solution that protects the planet.

Campus Balls 40

- 2 holds
- M
- SlopersRecommended screws:2 bolts 10*35Recycled PA

Ref. CB0040





Campus Balls 55

- 2 holds
- M
- SlopersRecommended screws:2 bolts 10*50Recycled PA

Ref. CB0055





Campus Balls 70

- 2 holds
- M
- SlopersRecommended screws:2 bolts 10*70Recycled PA

Ref. CB0070





Campus Rungs 25

- 2 holds
- M
- EdgesRecommended screws: 2 bolts 10*35
- + 4 woodscrews 5*40
- Recycled PA

Ref. CR0025





Campus Rungs 30

- 2 holds M

- EdgesRecommended screws: 2 bolts 10*35 + 4 woodscrews 5*40 • Recycled PA

Ref. CR0030





Campus Rungs 35

- 2 holds
- M
- Edges
- Recommended screws: 2 bolts 10*35 + 4 woodscrews 5*40
- Recycled PA

Ref. CR0035



System Disk 10

- 2 holds
- M
- Edges Recommended screws: 2 bolts 10*50 • Recycled PA

Ref. SD100







System Disk 18

- 2 holds
- L
- Edges Recommended screws: 2 bolts 10*50 Recycled PA

Ref. SD180





Down Climb Jug

- 1 hold
- L Jug
- Recommended screws: 1 bolts 10*50
- + 1 woodscrew 5*40 Recycled PA

Ref. DCJ001



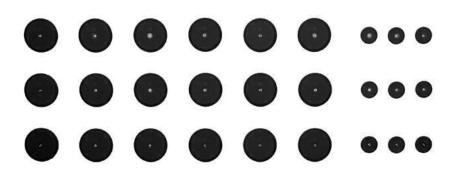


System disk set 18 holds

- Made of 6 SD100 and 12 SD180
- Recommended screws: 18 bolts 10*50
- Colors: all green or all black
- Recycled PA

Ref. SDset0018



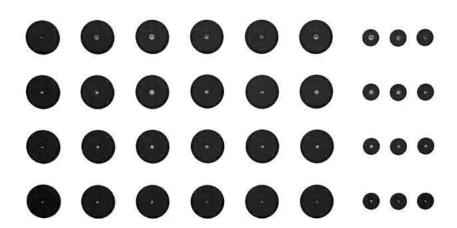


System disk set 27 holds

- Made of 9 SD100 and 18 SD180
- Recommended screws: 27 bolts 10*50
- Colors: all green or all black
- Recycled PA

Ref. SDset0027



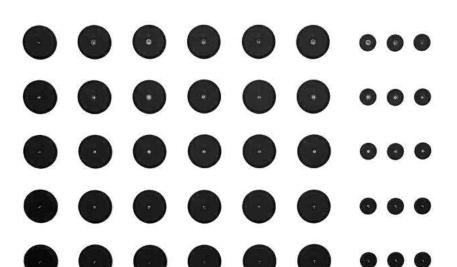


System disk set 36 holds

- Made of 12 SD100 and 24 SD180
- Recommended screws: 36 bolts 10*50
 • Colors: all green or all black
- Recycled PA

Ref. SDset0036



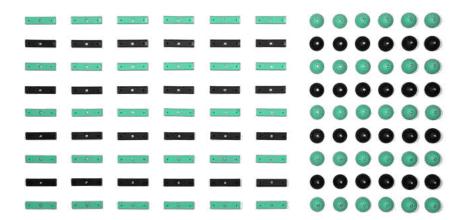


System disk set 45 holds

- Made of 15 SD100 and 30 SD180
- Recommended screws: 45 bolts 10*50
- Colors: all green or all black
- Recycled PA

Ref. SDset0045



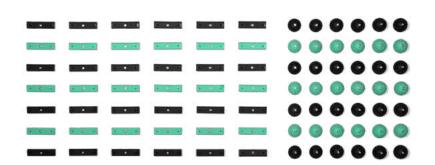


Campus Board set 60 holds

- Full board set of 5 layers made of CR0025, CR0030, CR0035, CB0040, CB0055 and CB0070
- Recommended screws: 60 bolts 10*50
- + 60 woodscrews 5*40
- Colors: all green, all black or mixed
- Recycled PA

Ref. CBset0050





Campus Board set 84 holds

- Full board set of 7 layers made of CR0025, CR0030, CR0035, CB0040, CB0055 and CB0070
- Recommended screws: 84 bolts 10*50
- + 84 woodscrews 5*40
- Colors: all green, all black or mixed
- Recycled PA

Ref. CBset0070





Campus Board set 108 holds

- Full board set of 9 layers made of CR0025, CR0030, CR0035, CB0040, CB0055 and CB0070
- Recommended screws: 108 bolts 10*50
- + 108 woodscrews 5*40
- · Colors: all green, all black or mixed
- Recycled PA

Ref. CBset0090





